

# Hopewell Junior High Lunch Menu



Food Service Director: Rosann Hindman  
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## The Grille

Cheeseburger  
Hamburger  
Chicken Patty  
Spicy Chicken

## The Garden

Mon, Weds, Fri: Chef Choice  
Tues, Thurs: Crispy or Grilled Chicken  
Large Salad Available Daily Tier: \$3.40  
Small Salad Available Daily

## The Pizzeria

Cheese/ Pepperoni Available Daily  
Mon: Chicken Bacon Ranch  
Tues: Meat Lovers  
Weds: Chicken Parmesan  
Thurs: Buffalo Chicken  
Fri: Pepperoni Twist Up

## Grab & Go

## Options

1/1	1/2	1/3	1/4	1/5
No School	No School	Grilled Cheese w/ Tomato Soup Seasoned Broccoli Fruit Choice Milk Choice	<b>National Spaghetti Day!</b> Pasta w/ Meatsauce and a Breadstick Romaine Salad Fruit Choice Milk Choice	Sloppy Joe on a Bun Steamed Green Beans Fruit Choice Milk Choice
1/8 Hot Ham and Cheese on a Pretzel Bun Mashed Potatoes Fruit Choice Milk Choice	1/9 Beef Taco's Refried Beans Fruit Choice Milk Choice	1/10 Cinnamon French Toast w/ Sausage Tater Tots Fruit Choice Milk Choice	1/11 Pulled Pork Sandwich Seasoned Broccoli Fruit Choice Milk Choice	1/12 Open-faced Turkey Sandwich w/ Gravy Baked Sweet Potatoes Fruit Choice Milk Choice
1/15 No School Martin Luther King Jr Day	1/16 Toasted Italian Hoagie Sweet Corn Fruit Choice Milk Choice	1/17 Turkey and Cheese Hoagie Steamed Green Beans Fruit Choice Milk Choice	1/18 Mozzarella Sticks w/ Sauce Steamed Broccoli Fruit Choice Milk Choice	1/19 Mini Beef Sliders Baked Beans Fruit Choice Milk Choice
1/22 General Tso's Chicken Steamed Broccoli Fruit Choice Milk Choice	1/23 Popcorn Chicken Bowl Mashed Potatoes Fruit Choice Milk Choice	1/24 Meatball Hoagie Sweet Corn Fruit Choice Milk Choice	1/25 Beef 'n' Cheese Nachos Steamed Carrots Fruit Choice Milk Choice	1/26 <b>1/2 Day — Act 80</b> Cheeseburger Wrap Baked Beans Fruit Choice Milk Choice
1/29 Chicken Fajitas Steamed Corn Fruit Choice Milk Choice	1/30 Chicken and Noodles Seasoned Broccoli Fruit Choice Milk Choice	1/31 Homemade Macaroni and Cheese Honey Glazed Carrots Fruit Choice Milk Choice		

## The Deli

Daily Tier: \$3.40  
Mon: BBQ Rib Sandwich  
Tues: Steak 'n' Cheese Melt  
Wed: Buffalo Chicken Wrap  
Thurs: Chicken Bacon Ranch Melt  
Fri: Popcorn Chicken

## Accompaniments

\*Must take at least one 1/2 cup of fruit or vegetable

\*Vegetable Bar May include:

Broccoli Florets  
Baby Carrots  
Dark Leafy Greens  
Legume Salads  
Celery & Cucumber

\*Fruits May include:

Crisp Apple  
Sliced Peaches  
Mixed Fruit  
Fresh Orange  
Banana  
Pineapple Tidbits  
Diced Pears  
Applesauce

## Milk

Milk Choices Offered Daily: \$.60  
1% white, non-fat white, non-fat flavored

## Proud to manage your food service program

Lunch Prices: Paid \$2.65 Reduced \$ .40

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**MENUS SUBJECT TO CHANGE**